



TEALOUNGE™ MENU

SWEETS

Spicy ginger cookies (2)
5.00

Russian tea cakes (3)
5.50

Rosemary shortbread (2)
5.00

Macaron (gf)

- pistachio
 - caramel
 - coconut
 - dark chocolate
 - almond
 - honey lavender
 - earl grey
- 5.50

Bars (gf)

- blueberry and oat (*vegan*)
 - classic brownie
 - coconut dream
- 7.50

Dark chocolate by the foot
3.00

CHILLED BEVERAGES

Iced tea
daily selection of black, green, herbal or chai
6.00

Iced tea lemonade
black, green, herbal or chai iced tea blended with fresh squeezed lemon juice and agave
7.00

Iced tea smoothie
blueberries, mangoes and ginger blended with black tea
or
strawberries and mangoes blended with herbal tea
10.00

Sparkling water
5.00

Spritzer
sparkling water with your choice of natural flavor
6.75



add a natural
+
FLAVOR

- ~ almond
- ~ vanilla
- ~ lavender
- ~ ginger
- ~ peppermint
- ~ strawberry
- ~ pomegranate
- ~ raspberry
- ~ blueberry
- ~ caramel

1.75

STEAMED OR CHILLED BEVERAGES

Chai
traditional or red chai blended with milk, honey and cinnamon
7.75

Signature Hot Toddy™
black tea blended with honey, lemon and cinnamon
7.75

Lavender London Fog™
lavender earl grey tea blended with milk and vanilla
7.75

Black Almond™ latte
hearty breakfast black tea blended with milk and natural almond flavor
7.75

Matcha latte
Japanese matcha green tea blended with milk and honey
8.75

Hot cocoa
rich and decadent sipping chocolate choose between spicy and original
8.75

Relax
like you
mean it®

SOAKOLOGY®

SOAK · STEEP · RENEW.

Allergen note: Our kitchen contains nuts.

511 CONGRESS ST #105, PORTLAND, ME • SOAKOLOGY.COM • 207.879.7625



we foraged the earth for the finest

ALL OUR TEAS ARE FAIR TRADE

HOT TEA

GREEN

forest green	6 / 10
dragonwell	6 / 10
san bei xiang	4 / 6
precious flower	n/a 10
early harvest sencha	6 / 10
genmaicha	4 / 6
green earl grey	4 / 5
matcha	8 / n/a
jasmine pearls	6 / 10
~ jasmine rose	6 / 10
lotus	4 / 6
moroccan mint	4 / 6
houjicha	4 / 6

OO LONG

pouchong	8 / 12
tung ting	8 / 12
jin xuan	10 / 15
alishan oolong	14 / 21
tieguanyin	6 / 10
premium aged	17 / 26
phoenix mountain	6 / 10

milk and non-dairy:

- ~ whole
- ~ almond
- ~ oat

sweeteners:

- ~ honey {meticulously procured}
- ~ sugar in the raw
- ~ organic coconut sugar
- ~ agave
- ~ stevia in the raw {calorie-free}

BLACK

~ black cranberry	6 / 10
black earl grey	4 / 6
mango noir	4 / 6
spicy peach	4 / 6
~ lavender earl grey	6 / 10
lychee	4 / 6
spicy pear	4 / 6
~ rose black	4 / 6
~ smoked earl grey	4 / 6
~ smoked lavender	4 / 6
ceylon	6 / 10
orange pekoe	4 / 6
sri lankan golden tips	14 / 21
sri lankan vintage	4 / 6
summit first flush	10 / 15
english breakfast	4 / 6
golden monkey	6 / 10
grand qimen	4 / 6
late winter noir	4 / 6
lapsang souchong	6 / 10
first flush darjeeling	4 / 6

CHAI

~ masala chai	4 / 6
~ rooibos chai	4 / 6
~ mate chai	4 / 6

WHITE

regal white	6 / 10
bai mudan	4 / 6
~ rose white	4 / 6
white earl grey	8 / 12

PU-ER

aged pu-er brick	6 / 10
tuocha	4 / 6
recoup and recover topaz pu-er	4 / 6
~ recoup and recover pu-er ginger	6 / 10

RED

honeybush	4 / 6
south african rooibos	4 / 6
~ balancing rooibos	4 / 6
~ echinacea honeybush	6 / 10

HERBAL

ancient maya nut	4 / 6
~ replenishing chamomile lavender	4 / 6
~ cranberry orange	4 / 6
recoup and recover echinacea	6 / 10
ginger	4 / 6
~ ginger mint	4 / 6
~ hibiscus ginger	4 / 6
~ recoup & recover kapha	6 / 10
replenishing lavender	4 / 6
lemongrass	4 / 6
lemon myrtle	4 / 6
uplifting lemon verbena	4 / 6
balancing licorice	4 / 6
~ balancing pitta spearmint	6 / 10
~ spicy cranberry	4 / 6
~ spicy peppermint	4 / 6
~ uplifting vata	6 / 10
~ lavender mint	4 / 6

HERBAL (containing caffeine)

coconut lavender yaupon	6 / 10
roasted yaupon	6 / 10
yaupon holly	6 / 10

YERBA MATE

recoup and recover yerba mate	4 / 6
~ recoup and recover mint mate	4 / 6
recoup and recover roasted mate	4 / 6

SOAKOLOGY

SOAK · STEEP · RENEW

personal/sharing PRICING LISTED ABOVE

CUSTOM HOUSE BLEND

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